

Edition 10, Vol 3, Oct 2013

Message from the Chief Executive

It has been a busy month and great to see recognition of some of the wonderful work people within the LHD are doing. Intangible was a finalist at the NSW Health Innovation Awards. It was interesting to see the range of initiatives that were on display. I was left thinking that there were lots of other activities in the Far West that might be nominated for next year so I encourage everyone to start thinking about the LHD's quality and innovation awards in 2014.

In the last week Mrs Pam Lord, the Patient Family Support Team and the Hospital Kiosk Auxiliary have all been recognised in the Orana Far West Volunteer of the Year Awards. Congratulations to all those involved.

The Seniors Information Day at Wentworth was well attended. It's great to see our services actively promoting their wares in the community.

There will be an absence of razors around the health service with stubble appearing and followed by moustaches. Movember is upon us. Luke McDonald and a group calling themselves 'The Broken Hill Boys' are participating and raising money for men's health.

The first session of the LHD's Leadership Program highlighted the importance of a clear vision of where the L



importance of a clear vision of where the LHD was heading. This was particularly important if

Executive members at a planning day working on a strategic plan for the District.

everyone was to begin making decisions that contribute to achieving the direction. The executive team spent a day working on the bones of a strategic plan, including a vision for the LHD. This will be considered at a meeting between the Board and the executive team in late January, before we bring a refined version out for discussion with everyone.

Over the past few weeks I've managed to visit all but one facility outside Broken Hill. I'm most appreciative of the time taken by staff to talk and the frank advice I've received about issues that are making their work more difficult, things that are going well and also ideas for improving the services and work environment we provide.

Following the visits that Board Chairman Tom Hynes and I made

earlier in the year, a list of the issues raised at each facility was prepared and the Board now monitors progress toward addressing each of these issues. We'll be circulating the list soon to identify where issues raised at one site may also be relevant at other facilities to ensure a broader response is provided.

I hope all the whiskers and stubble generated over the coming month are well rewarded.



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Far West fly the flag high at NSW Health Symposium

The Far West LHD flag was flying high at the 2013 NSW Health Innovation Symposium Awards held in Sydney on 11 October.

The Family and Carer Mental Health (F&CMH) Intangible Storytelling Project was a finalist in the awards and a number of staff attending the Symposium took part in numerous breakout sessions on various health topics.

Intangible, unfortunately, wasn't able to add another trophy to the mantle. The project nevertheless attracted praise at the Symposium and has already won a variety of awards for its innovative and remarkable approach to highlighting the lives of carers who care for people who have a mental illness.

Director MHDA Susan Daly said it was a proud occasion to see the service's F&CMH project represented at the prestigious awards.



The Hon Jillian Skinner, Minister for Health (centre) with FWLHD Director Clinical Governance Linda Sorum (left) and Director MHDA Susan Daly at the Symposium.

"We also met both Minister Skinner and Minister Humphries, who are both really enthusiastic about innovations in health. Minister Humphries was very excited to learn that carers from the Far West were recognised in the awards and would like to meet with them on one of his next visits to Broken Hill," said Ms Daly.



Tanya Clifton presented the Intangible Project

"There was a question

from the audience about how can people in rural areas possibly be innovative given they have minimal services. The Minister replied 'just keep watching' because many presentations and award finalists were from rural areas. There's a rich tradition of innovation in rural and remote areas - its great for the Far West to be part of that."

Ms Daly said MHDA wants to build on the success of Intangible and is looking at increasing carer participation in the MHDA service.



FWLHD staff attended a number of sessions at the Symposium (from left) Helen Hayes, Susan Daly, Linda Sorum, Ben Lansdowne and Shane Webb.



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FWLHD volunteers win accolades at 2013 Regional Awards

Mrs Pam Lord — Hospital Visitor

FLWHD Volunteers have been acknowledged for their commitment to the health service this month in the Regional Awards Ceremony of the 2013 NSW Volunteer of the Year Awards.

Volunteer Hospital Visitor Mrs Pam Lord won the 2013 Central West and Orana-Far West Individual Volunteer of the Year Award.

Mrs Lord is now in the running for the 2013 NSW Volunteer of the Year Award – Individual Category, which will be announced at the State Award ceremony on Thursday 5 December 2013.

In an interview with the ABC radio Mrs Lord said: "There is nothing better in the world than

being able to bring a smile to a face that looks so sad." A sentiment that many of the thousands of patients from the Broken Hill Hospital over the past 47 years would agree with, as that is how long the amazing Mrs Lord has been volunteering as a hospital visitor.

Everyone at Broken Hill Health Service and FWLHD offer their congratulations to a

wonderful lady who always brings a smile to everyone



Some of our Kiosk Auxiliary volunteers: Anne Bennetts (Vice President), Raelene Kennewell and Margaret (Ma) Wilson

who is lucky enough to encounter her.

The accolades for FWLHD volunteers did not stop with Mrs Lord taking out the top individual honour.

In the Volunteer Team Category, the Patient Family Support Team at the

Some of the Patient Family Support Pilot volunteers when the project started Janet Daley, Haley King, Lianne McMannus, Vanessa Smith and Taryn Banks with ED A/NUM Belinda Gentle (centre). Broken Hill Base Hospital was named the Orana-Far West 2013 Volunteer Team of the Year. And last but certainly not least - The Broken Hill Kiosk Auxiliary Volunteers were acknowledged

in the list of 2013 Highly Commended Volunteers, recognised for their outstanding community work. Congratulations and well done to all our truly

wonderful volunteers.

- Mary Leehane, Volunteer Manager

Connecting Health Councils across the Far West

Far West Local Health District (LHD) Board has endorsed a capacity building program supporting Health Councils in the LHD by connecting board members and Health Councillors.

A board member has been appointed to each Health Council as an ex-officio member to develop the capacity of the Health Council and strengthen the relationship with the Far West LHD Board. The board member will be a key link between the Board and the Health Council. It is expected the board member may provide a monthly update on the Board's activity. Critical issues identified by board members in their meetings with a Health Council should be escalated to the Chief Executive for the Board. The first meeting attendance should be face-to-face but for more remote communities video/teleconference will be utilised.

If you would like further information please contact Darriea Turley, Manager Community Engagement, 08 80801511 or 0429848480.





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Services come together for Seniors Information Day 2013

The Specialist Aged Care Service from Dareton Primary Health Centre held a Seniors Information Day at the Wentworth Services Club recently. It was an informative and interactive day designed to provide information to consumers and carers about the services available in their local community. The day was very well attended by senior community members, with approximately 100 people taking part on the day.

Many service providers who attended to promote their various services interacted with the local community members and found the day a great opportunity to network with other service providers.

A highlight of the day was the diverse range of speakers who spoke to the crowd on a range of topics relevant to healthy ageing. Topics included veteran's affairs, wills and future planning, funeral planning, home care services, primary health services and a visual demonstration of "Fit and Strong" and Tai Chi, which was highly popular amongst the crowd. Feedback from those who attended the day was very positive. Most

people said it was a great opportunity for them to learn about what services are available and how they can utilise these. People also commented that they found the day very informative in general and enjoyed the opportunity to get out and



Kelly and Judy, part of the team from Meals on Wheels, Wentworth

about and socialise with other community members.

As the event proved to be very successful another Seniors Information Day is being planned for 2015 and is aiming to be bigger and better than this year's event.



DPH Specialist Aged Care Nurse Sue Cooper networking with Jack Forbes from Harvest Wealth Mildura



Wentworth HSM Karen Behsmann and Tanyia Brown of Wentworth HACC







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Staff get to grips with new work safe rules

A five day Work Health & Safety HSR (Health Safety Representative) training session was held in Broken Hill with 13 participants attending.

Although the training was held over five days straight the training was enjoyed by all participants with very positive feed back received by the facilitator (Kylie Morton).

The training provided participants with the skills to interpret the WHS legislative framework, understanding the new terminology, objectives and implications for consultation and key parties with WHS legislative duties and functions under the WHS Act..

This training also provided the participants with experience in conducting a hazard inspection, risk assessment and report writing skills.

A big thank you to the laundry and kitchen staff for allowing the training participants to conduct the hazard inspection in their departments. Hopefully it did not interfere too much with their work.

The training will be offered again in 2014 for those who still need to complete modules and for any other Committee members or new HSR's wishing to complete this training.

RIGHT: Kylie Morton (centre) runs through the new WHS HSR rules for District staff including Jane Baker (left) and Karen Kemp



The WHS HSR training session participants



HETI online learning

The Health Education and Training Institute (HETI), together with Local Health Districts, develops online learning modules in response to identified education and training priorities.

The most recently released modules are available by accessing the NSW Health Online Learning Centre (<u>http://nswhealth.moodle.com.au/login/index.php</u>) (Moodle) or at <u>http://www.heti.nsw.gov.au/heti-online-modules/</u>

Additional modules are under development and will be available as they are completed, a regular visit to this page will ensure that you are kept up-to-date as modules are released.

Pilot Staff Flu Vaccination Survey

The research team for the Staff Flu Vaccination Study, Linda Mason, David Meharg and Julie Tall, have expressed thanks to all those who participated in the Pilot Staff Flu Vaccination Survey made available in August through Survey Monkey.

"We had a fantastic response to the Survey with 92 health staff from the Far West LHD completing the Survey," said Julie. "Your responses and insights have helped us improve the Main Survey now due to be rolled out in the Western NSW Local Health District. Thank you once again for your support and enthusiasm and we wish you all good health through the next flu season."





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Wentworth HACC Respite trip to Monarto Zoo

A group of eight clients, two volunteers and the co-ordinator of Wentworth Respite Care recently travelled to Murray Bridge for a three-day trip away, instead of their usual monthly outing.

The itinerary included a trip down to Wellington, around the top of Lake Alexandrina then over the Jervois Ferry to Tailem Bend and back to Murray Bridge to complete day one.

Day 2 began with a guided tour through the Monarto Zoo. The brown and white zebras were a hit as were the meerkats and the chimpanzees. The extent of the zoo and other animals within was rather amazing and the explanation by our guide, Lee, of the breeding programs was very interesting.

After the zoo we headed off to Strathalbyn to have a look around that very pretty, little old town where we enjoyed a late lunch before heading back to the Bridge.

On the final morning everyone was ready and waiting to head off back home via Mannum. It was back over the Murray on the punt and down the road to Blanchetown as the next stop was Banrock Station, near Waikerie, for lunch. It was rather busy as the Riverland Agricultural Field Day was in progress and likely many of its visitors also took advantage of the Winery's restaurant.

Everyone thoroughly enjoyed the trip, although they all said they were exhausted, but wouldn't have missed it for guids! They followed this up up with:



"When and where is the next trip?" Octogenarian-plus Heather McKenzie enjoyed the trip so much she put pen to

paper and wrote a poem,

published here (at right).

Heading into the zoo

View from Banrock Station restaurant balcony



Monarto Trip

By Heather McKenzie

There wasn't any fuss, For those getting on the bus. Just a lot of noisy chatter, Time passed quickly with all the natter. Crossed into South Australian State, Then on to Loxton where we ate. Into Murray Bridge we came, all too soon To the Motel, where we had our room. With a wash, and a cup of tea, Back on the bus the sights to see. Off to Lake Alexandrina, we did go, Just a glimpse of the lake. What a blow! Crossed on a ferry, on the way back Then we were shown the Speedway Track.

This morning we are off to the Zoo Waiting on the bus, ready to go. Saw bones of a dinosaur, and a camel skin, A lizard and stick insects, so thin. Shopped to buy a souvenir, or two, Then for lunch we had to queue. Off we went to see the animals, Zebra, giraffe and a few camels. Tasmanian Devil and deer, were also there, The lions were sleeping under a tree. Then it was time to say goodbye, Saw herds of cows outside the dairies Belvedere and other wineries To Strathalbyn we had gone for a short trip, Then back to our rooms for a long "kip".

A continental breakfast in our room We are leaving here, much too soon! Rode in a ferry at Mannum, Something that happens to us, so seldom. Then we are headed for Waikerie, Nice to be home tonight we all agree. Nice lunch at Banrock Station, We certainly have a fine big nation. One by one we leave the bus, Our bags are found without a fuss.

Thanks to jenny, Judy and Rich We all had a wonderful trip

September 2013

Statewide Uniform Survey

A statewide uniform survey is available for all employees <u>effective Monday</u> <u>4 November</u>. Employees can access the survey at <u>http://</u> <u>survey.qorrp.com/qor/1890</u> or on the HealthShare intranet uniforms page. The survey closes on Friday 29 November 2013.





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Dareton duo to embark on Inca Trail Trek for human rights!

Kathy Thompson and Lyn Walder are both members of Amnesty International Australia. They are members of this organisation because it supports their beliefs that all people in this world have a right to be respected, protected from harm and free to live happy and fulfilling lives.



Kathy Thompson and Lyn Walder to trek for human rights

People have asked Kathy and Lyn what Amnesty does? They support and defend human rights for all members of the human race both here at home in Australia and around the world! Perhaps their most famous action was the instrumental part they played in the release of Nelson Mandala from prison in South Africa. They support individuals at risk, campaign against weapons of mass destruction; oppose all violence against women and children around the world and much more.

Kathy and Lyn have registered to undertake the Inca Trail Trek in August 2014. As part of this exciting challenge they are aiming to raise \$8,500 for Amnesty International Australia. They will have to train hard as the Trek is quite physically demanding and they will be climbing to heights above 4,000 metres!

There will be a variety of events over the next 10 months to help them achieve their fundraising goal. The usual sausage sizzles, a monster garage sale, chook raffle and donation tins to name just a few. They have also set up a page at <u>https://</u>

aitrekperu2014.gofundraise.com.au/cms/home under the team name of 'Mind Treks' and you can find them on

Facebook as "Trekking the Inca Trail for Human Rights". All donations at the "gofundraise" site receive a receipt via email and all donations over \$2 are tax deductible. Kathy and Lyn hope people will join them in their adventure and help support a very worthy cause!

Faster, non-invasive way to test for jaundice in newborns

The BHHS Maternity Unit has a faster, non-invasive method to monitor jaundice in newborn babies thanks to a generous donation by the Rotary Club of Broken Hill.

A new \$4,000 jaundice detector was donated to the unit by the Rotary Club after it was approached by the BH Health Council, on behalf of the Maternity Unit.

The new detector alleviates the need for painful prick blood tests and gives accurate, instant results when checking babies for jaundice.

"We're very grateful to the Rotary Club for their generous donation and for the BH Health Council in seeking their assistance," said Midwifery Unit Manager Elizabeth Bennett.



BH Health Council and BH Rotary member Ross Clark (left) and BH Rotary President John Coffee presented the new jaundice detector to locum Paediatrician Margaret Kummerow and MU Manager Elizabeth Bennett.





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Fun time in the park for Children's Day!

District staff joined in with other agencies at the Children's Day in the Park in Broken Hill and were very popular with their interactive displays and healthy living advice.



Promoting lead safety (from left) Jan Corey (CBH), Leanne Hastwell, Vilmae McManus and Julie Roberts



Shelby Weinert gets to grips with a gooey activity with help from OT Kirsty Stapylton



From left: Dietitian Heidi Drenkhahn with Elisa Rossimel (Dietitian at Maari Ma) and Nutrition Assistant Stacey Evers

Allied Health work experience student Veronika Holland helping out on the day.



Submissions for Far West In Focus can be sent to blicul@gwahs.health.nsw.gov.au. The newsletter can be found on the Far West LHD website at <u>www.fwlhd.health.nsw.gov.au</u>

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Kiosk continues the good work



Maternity Unit Manager Elizabeth Bennett (right) thanked the Kiosk Auxiliary, represented here by members Betty Sammut (President), Lou Arnold and Marlene Gould for the donation of vital equipment used in the ward

The BH Hospital Kiosk Auxiliary has purchased more equipment for the hospital, specifically for the Maternity Unit.

The latest items purchased for the unit included two cardio respiratory neonatal monitors, a neonatal resuscitaire and a portable light source.

They will be an upgrade to equipment already in the Unit and be put to good use. Money for the latest donation was raised over the last two years. This year the Kiosk Auxiliary will contribute an anticipated \$150,000 to the hospital.

While the dollar amount is again an outstanding contribution, what is more incredible is the effort and hard work that the Kiosk Volunteers put into achieving this result.

A few facts about this marvellous team of people: The Kiosk has a team of 73 Volunteers; they work an average of 566 hours a week; the approximate profit for 2013 will be \$190,000; the volunteers vote on the items to be purchased for the hospital from the wish list that is presented to them, each volunteer having an equal say in which items should be purchased.

The Board, Chief Executive and Staff extend our thanks and appreciation to the Executive and Volunteers of the Broken Hill Kiosk Auxiliary for their splendid achievement in 2013.

— Mary Leehane, Volunteer Manager.

Wentworth Community Expo

Nurses and health workers from Dareton Primary Health joined around 30 other organisations at the Wentworth Shire Community Expo in Dareton held on 1 October.

The Expo aimed to showcase the many initiatives operating in the community and gather feedback from the community on what else is needed.

Several hundred residents attended the Expo over the course of the day and staff were kept busy with enquiries as well as networking with other service providers.



BSF and AMIHS Staff from Dareton Primary Health Sheryl Brown, Terrie Bevan and Loren Andrews, at the Wentworth Shire Community Expo

Staff join in Movember!

Movember is on again with some health staff taking part with "The Broken Hill Boys" team.

Movember promotes men's health and participants forgo the razor and shaving cream to grow a moustache during November. The fun combines with fundraising for men's health issues such as prostate and testicular cancer and mental health.

Luke McDonald has formed "The Broken Hill Boys" team and along with fundraising, wants to get the community talking about men's health issues. Team members so far include Michael Anderson, Dale Corney, Cameron Kaye, Ben Kaye and Peter McDonald.

For more information about The Broken Hill Boys and Movember go to <u>http://au.movember.com/team/1129721</u> People can donate to the team or individual members of the team. Donations are tax deductible.





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Far West welcomes Jenna to District Health Promotion role

Jenna Pauli has joined the Population Health team as the new Health Promotion Officer with the Healthy Children's Initiative and Go 4 Fun.

She is based in Broken Hill and covers the Far West LHD.

Hailing from Queensland's Sunshine Coast, Jenna continues to find herself deeper within Western NSW.

"I am enjoying being out here and having the chance to experience and explore another region of Australia. The community is friendly, and it is great to see such an underlying art culture throughout the town," said Jenna.

With a background in nutrition Jenna has been involved in the design and implementation of community garden programs in Queensland and school nutrition and physical activity programs in Vietnam.

Prior to this position she was working in Health Promotion within the chronic care and reproductive and sexual health fields in the Wellington and Dubbo areas.

"It is exciting to be back working within programs with a focus on nutrition and physical activity. Although the job brings many challenges due to the isolation of many of our towns, it has been a great learning curve so far and makes it all the more rewarding!"

Welcome to the team Jenna!

New Health Promotion Officer Jenna Pauli.

Clinical Governance Unit — Standard 4: Medication Safety

Welcome to the continuing Australian Commission on Safety & Quality in Healthcare National Safety and Quality Health Service Standards (NSQHS) update. This month we are focussing on Standard 4: Medication Safety.

Standard 4: Medication Safety

Medicines are the most common treatment used in health care and because they are so commonly used, they are associated with a higher incidence of errors and adverse

events than other health care interventions. Some of these events are costly in terms of morbidity, mortality and resources and many are avoidable. Medication incidents are the second most common incident type in FWLHD IIMS. 168 incidents were notified in the 2012-13 financial year.

The Medication Safety Standard requires health service organisations to implement systems that reduce the incidence of medication incidents and improve the safety and quality of medicine use. The intention of Standard 4 is to ensure that competent clinicians safely prescribe, dispense and administer appropriate medicines to informed patients and monitor the effects.

The process of prescribing, dispensing, administering and monitoring medicines is complex and involves a number of different health professionals and is described as a medication management pathway or cycle. The pathway comprises of nine activities and three background or system processes that are required to manage the safe and effective use of medicines for patients at each episode of care; the consumer is the central focus of the pathway and may have direct

involvement in some of the activities. The pathway provides a framework for:

- Identifying where there is potential for errors
- Responding with strategies to reduce the opportunity for error in previous steps of the pathway

The FWLHD Drugs and Therapeutics committee is leading this Standard 4. If you have comments or suggestions please let the committee know through the secretariat <u>kate.lithgow@gwahs.health.nsw.gov.au</u>



NSQHS

TANDARDS

Look out for presentations, resources and an information stall in the foyer of the Broken Hill hospital.





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Gigs4Good concert success for Maternity Unit



Maternity staff Jessica Morrison, Elizabeth Bennett and Emma Howard thank musician Marie Wilson (second from right) for her concert which made the fundraiser such a success!

Nearly \$6,500 was raised to buy a new Foetal Heart Monitor for the BHHS Maternity Unit thanks to a Broken Hlil concert by musician Marie Wilson, organised by Gigs4Good and hosted by Carrie Oakley.

The singer put on a great performance with half of ticket sales going towards buying a new monitor, which costs \$17,000.

The monitor allows midwives to accurately assess a baby's wellbeing in the antenatal period and when a woman requires monitoring in labour. It is an essential tool in a Maternity Unit and we are overwhelmed with the community's generosity in the fund raising activity.

District A/Manager Human Resources, Lianne McManus said Marie's initiative is not only a boost for the Broken Hill Base Hospital but for the wider community that is serves.

"The fact that Marie Wilson and Gigs4Good have chosen our hospital to raise funds for is testament to the importance of base hospitals in regional locations".

Lianne said: "It was a rewarding experience to watch our community donate to such a worthwhile cause. The best thing about giving to our local community is that what we get out of it is always better than what we give".

"I am delighted to be part of his initiative; and raising funds for a much-needed Foetal Heart Monitor could change the

lives of many who use our services," Lianne said. We are very

thankful to Marie and Carrie and Gigs4Good. The next stage in

fundraising is reportedly a car rally to Silverton and another concert with Marie featuring.

We're sure they will be just as successful!

Concert success — a great crowd turned up to hear Marie Wilson sing and at the same time contribute to their health service.



Palliative Care Education Day

The Far West LHD Palliative Care Service is jointly hosting a one day Palliative and End of Life Care Education Day on Thursday, 21 November. The day is sponsored by PEPA (Program of Experience in the Palliative Approach) with catering and accommodation for staff traveling >100km provided. There is no cost to attend.

A wide range of topics will be presented including End of Life Models of Care, Palliative Care in Aged Care and Chronic Care, Grief and Loss, Advance Care Planning, Self Care. A number of Allied Health professionals will also be presenting on nutrition, speech and swallow assessments, and occupational therapy in Palliative Care.

Registrations are limited. What: Palliative and End of Life Care Education Day

When: Thursday, 21 November at 9am-4.45pm

Where: Auditorium 2 and 3 University Dept Rural Health, Broken Hill

For more information or a registration form contact Melissa Cumming on 08 80801452 or mcumming@gwahs.health.nsw.gov.au





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Cooler upgrade

The residents in Flat 18 in the BHHS accommodation building will this summer no doubt be glad their air cooling system has been upgraded. The old evaporative unit has been replaced with a new unit in the latest of a series of improvements to the accommodation facilities.



Y's Men generous donation to Child & Family Health Centre

The Y's Men recently inquired into a worthwhile project they could help complete for the health service. It was decided that the Child & Family Health Centre were in need of shade sails to ensure there was safe shaded play area for children visiting the centre.

The Y's Men agreed to buy the shade sails and member Neville Turner has volunteered to liaise with the supplier and BHHS to ensure they are installed as soon as possible.

Many thanks to the Y's Mens for their generous donation.

Check out the FW Health Library

Staff are reminded of the variety of services and facilities available at the Far West Health Library. Opening times: 8:30am to 5pm Monday to Friday.

Online Library Catalogue The library contributes to a combined online catalogue of the libraries of the Western NSW & Far West LHD. It may be accessed at: <u>http://</u> gwahsopac.intersearch.com.au/

Services and Facilities

- A range of books, journals and audio visual resources
- Computers with word processing and other software and internet access
- Photocopying / scanning facilities
- Individual study desks
- Quiet reading areas
- Access to electronic databases
- Inter-library loan and document supply service
- Literature searches
- Endnote (Bibliographic management tool)
- NVivo Training (Qualitative data analysis
- CIAP training (one-on-one or small groups sessions available)

New Books

APA. 2013, Diagnostic and statistical manual of mental disorders.

Layder, D. 2013, Doing excellent small-scale research.

Bazeley, P et al. 2013, Qualitative data analysis with NVivo.

Burbank, V. 2011, An ethnography of stress: The social determinants of Health in Aboriginal Australia.

Oxford University Press. 2013, Oxford

Handbook of Renal Nursing.

Iro, H. 2013, Atlas of head and neck ultrasound

Mruk, C. 2013, Self-esteem and positive psychology research, theory and practice (4th edn).

Winters, C. 2013, Rural nursing: Concepts theory and practice (4th edn).

Griffiths, s. 2013, Acute surgery: The survival guide.

Klostranec, J et al. 2013, Essential med notes.

Solomon et al. 2010, Apley's system of orthopaedics and fractures.

Downie, J et al. 2006, Developing effective research proposals.

Parbury, N. 2005, Survival: A history of Aboriginal life in NSW.



Kincumber House colleagues with a delicious ice cream cake to help celebrate her 23rd Birthday. Caitlin said she appreciated everyone turning up to wish her Happy Birthday and hoped everyone enjoyed the cake!





Policy Watch — PDs available on MOH internet

The following documents have been published on the NSW Ministry of Health internet site <u>http://www.health.nsw.gov.au/</u><u>policies</u>. These documents are official NSW Health policy. Compliance with Policy Directives is **mandatory**.

Title and Summary	Doc No.	Date Issued
BCG (Bacille Calmette Guerin) Vaccination	PD2013_032	2/10/2013
Use of BCG vacine in NSW.	PD2013_032	2/10/2013
Pension Based Scale of Fees - Health Services Act 1997		
This Information Bulletin is to be read in conjunction with PD2005 622. This Information Bulletin outlines current fees chargeable in relation to patients within the following categories:- Nursing Home Type Patients (in General Hospitals), State Government Aged Care Services subject to the Aged Care Act 1997 (ie Nursing Home and Hostel residents, residential aged care services provided in Multipurpose Services and flexible care places under the Transitional Aged Care Services program), Residential Services not subject to the Aged Care Act 1997 and patients of Public Psychiatric Hospitals & Residents of Homes & Home Sections of Hospitals.	IB2013_038	1/10/2013
Dispensing of Medicines Requiring Child-Resistant Packaging		
This Information Bulletin outlines changes required to pharmacy dispensing system in order to flag those medicines requiring child-resistant packaging. Additional information related to the use of child-resistant packaging is provided.	IB2013_037	30/09/2013
Lead Apron Allowance		
To advise of changes to eligibility for the lead apron allowance in the Health Employees' Conditions of Employment (State) Award at Subclause 12(vi) for employees under the Medical Radiation Scientists Award.	IB2013_036	30/09/2013
Electronic Information Security Policy - NSW Health		
The use of information and information systems is an integral part of most NSW Government activities. Electronic information assets are critical in agencies operations and are key element in delivering trustworthy government services. The security threats to information assets are increasing. The government has a duty to safeguard its large information holdings and must provide credible assurance that it is doing so.	PD2013_033	11/10/2013
Christmas Closedown 2013/2014		
Advises staff of the Premier's direction that the taking of leave by the public sector be maximised, where appropriate, over the Christmas period and a two week shut down be implemented for areas not involved in front line service.	IB2013_041	16/10/2013
Overtime Meal Allowances	IR2012_040	14/10/2013
Increase to overtime meal allowances.	IB2013_040	14/10/2013
Leave for Staff Affected by the Bush Fire Emergency - October 2013 Identifies leave provisions available to NSW Health Service staff affected by bush fire emergencies including those who assist emergency services.	IB2013_042	21/10/2013
Statewide Standing Orders for the Supply or Administration of Medication for		
Public Health Response		
This policy is for the management of patients that require urgent provision of medication for treatment or prophylaxis as a result of infection with or exposure to an infectious condition.	PD2013_035	23/10/2013
Managing for Performance		
The policy directive identifies the key features to be reflected in all NSW Health agency policies on performance management, and build on the essential elements outlined in the NSW Public Sector Performance Development Framework.	PD2013_034	17/10/2013
Junior Medical Officer - Clinical Year and Term Dates 2014 -2018	IB2013_044	22/10/2013
The purpose of this Information Bulletin is to advise the Health system of the Clinical Year and Term Dates for Junior Medical Officers for 2014 to 2018.		
Staff Specialists' Training, Education and Study Leave (TESL) - New Funding		
Entitlement 2013/2014 This information bulletin sets out the funding entitlement for Staff Specialists' Training, Education and Study Leave for the 2013/2014 financial year.	IB2013_043	22/10/2013

