

Volunteer Support



Far West LHD Volunteer Aqua Leaders

Eleanor Blows and Ann Millstead

Aqua Fitness Classes are run every Monday and Wednesday mornings at the Broken Hill Regional Aquatic Centre by Far West LHD volunteers.

These classes are one of the many areas where our volunteers assist the Health Service. These classes provide a valuable resource giving the community access to a range of programs that enable participants to enhance their health and wellbeing.

If you are interested in finding out more about any volunteering roles with our organisation — please call:

Far West LHD Volunteer Manager

Mary Leehane

08 8080 1256

<http://fwlhd.health.nsw.gov.au/>

Broken Hill Health Service

Telephone: 08 8080 1333

*“Volunteers are unpaid,
not because they are worthless,
but because they are priceless”*

Author Unknown



Far West Local Health District Volunteer Program

Map of Area Covered by Far West LHD Services



Who are the Volunteers?

Far West LHD Volunteers are members of the local Community who have expressed an interest in volunteering in various areas across organisation.

Volunteers will have to complete the required Far West LHD checks (allowing them to work across our organisation and, depending on the area of volunteering, with patients of the hospital).

Volunteers receive specific training from our multi-disciplinary team, dependent on the area in which they are volunteering.

Volunteers are bound by the Far West LHD Code of Conduct and strict confidentiality in all aspects of their volunteering role with our organisation.

Example of one of the many programs offered by Far West LHD

Aqua Fitness classes are conducted throughout the year. The classes are held at the Broken Hill Regional Aquatic Centre and run by Far West LHD volunteers.

Supported by the Far West Health Promotion Team who offer volunteers free regular Aqua training, these classes are one of the many areas where our volunteers assist the LHD in providing the community with access to a range of health and wellbeing programs.

For more information on the full range of physical activity programs the Health Promotion Team offer please contact:

Rebecca Crawford

Health Promotion Officer:

08 8080 1217

Rebecca.Crawford@health.nsw.gov.au

Snapshot of Broken Hill Health Service

The Broken Hill Hospital consists of a 108 bed acute care hospital with general medicine, general surgical, obstetric, paediatric, emergency, mental health and drug and alcohol services. Total includes two ten bed sub-acute units on site.

The town has a community based Diabetes Centre, a Child and Family Health Service, an Aboriginal Health Service and a number of general practices, including a Super Clinic.

Broken Hill is also home to the headquarters of the South Eastern Section of the Royal Flying Doctor Service .



Broken Hill Hospital

